



# Readiness Activities

## Alphabet Skills:

- Exposure to letters: *(Teach lowercase letters before uppercase letters!)*
- Start slow
- Experience is the goal, not mastery.... yet
- Keep it fun!

## Phonemic Awareness:

- Exposure to oral language
- Rhyming skills
- Play with words and language
- Dr. Seuss books

## Read, Read, and Read Some More:

- Reading with your child is *SO IMPORTANT!*
- Discuss stories (predict what will happen next, ask questions, talk about the story and pictures)
- Remember that re-reading the same book is OK
- Visit the library on a regular basis

## Oral Language Development:

- Talk to your child: Ask them questions about their day. Who did you play with? What did you do? Teach them to answer in complete sentences, i.e. I played with Joey and Susie today in the backyard.
- When reading - Have them retell the story or a part of it - using as much detail possible. Ask questions to get them to add more details, i.e. Where was the cat?

## Writing Skills:

- Work on building up hand muscles to prepare for writing success
- Show your child how to use writing daily: making lists, writing thank you cards, labeling containers in the pantry, etc.
- Encourage your child to begin labeling or writing words to add to their pictures.

## Tracing and Cutting Skills:

- Work on correct pencil and scissor grip
- Provide child-size scissors
- Work on cutting away from the body

## Number Knowledge:

- Expose to numbers
- Count objects in environment

## Colors and Shapes:

- 10 basic colors and 4 basic shapes
- Real world experiences

## Social Development:

- Interact with other children
  - Take direction from adults other than parents
  - Focus on an activity for at least 10 minutes
  - Have a positive attitude about school
  - Make a non-tearful break from parents
  - Handle bathroom activities by him/herself
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